

Sumo Wrestling Risk Assessment

Risk	Who is at Risk	Existing Controls	Likelihood 1-5	Severity 1-5	Risk Score L x S	Further Action to Take
Falling over during activity.	Users	Ensure the activity is performed on the matted area provided.	2	1	2	Ensure activity is supervised at all times
Users getting hurt by other users.	Users	Ensure all safety equipment provided is used.	5	1	5	Users' shoes and jewellery should be removed before using
Boisterous or reckless behaviour	Users and spectators	A responsible person is supervising at all times.	2	1	2	Ensure no user is under the influence of drugs or alcohol
Danger of unnecessary injury	Users	Ensure none of the users have any current health problems which may increase the chances of injury, e.g. heart or back problems, etc.	1	5	5	
Injury by users falling on other users	Users	Ensure only two users simultaneously and that they are of similar size/	1	5	5	
Adverse weather conditions	Users and spectators	In heavy rain or high winds the equipment should not be used and should be removed to a sheltered area.	2	2	4	
Choking	Users	Ensure no food or drink is being consumed when the equipment is in use.	1	4	4	
Injury from 3 rd party objects.	Users	Ensure the area is clear of hazardous materials.	1	5	5	Shoes should be worn when waiting to use the equipment.
Fire	Users	No smoking or barbecues near the equipment.	1	5	5	

Injury by failure of equipment	Users	Supervisor must inspect the equipment regularly.	1	3	3	
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Scoring system: 1= low risk/likelihood or severity 5=high. This is a generic risk assessment and may not consider all the parental risks. We suggest that you carry out your own risk assessment as well.